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Healthcare Cost Containment Committee Minutes
November 5, 2014
3:30 p.m. to 5:00 p.m.

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Attendees: Carolyn Belfiore, Karen Bonin, Bill Byron, Marge Chiafery, Debie Clayton, Shawn Croteau, Linda Hastings, Marsha McGill, Teresa Porter Cascadden, Sue Robinson, Carol Smith, Christine Soucy

Guest: Jen Chiarantona, Account Manager/LifeResources EAP Consultant

1. Approval of October 1, 2014 Minutes

Karen Bonin moved (seconded by Shawn Croteau) to approve the October 1, 2014 minutes.

The motion passed 9-0-1 with Linda Hastings abstaining. Not all members were present for the vote.

2. Life Resources Employee Assistance Program Presentation

Jen Chiarantona is an Account Manager and Life Resources EAP Consultant for HealthTrust members. The Life Resources Employee Assistance Program (EAP) is a free benefit that provides individuals affiliated with the Merrimack School District and their household members access to professional care and support, legal and financial services, articles, training programs, self-assessment tools as well as searchable provider databases for child-care providers, colleges, pet sitters, elderly assisted living, health topics and shopping discounts.

An Employee Assistance Program Consultant is available 24 hours, seven days a week by dialing 1-800-759-8122. The EAP web site is www.allonehealtheap.com, the login word is *healthtrust*, the password is *member*.

Jen Chiarantona provided a demonstration of the EAP web portal.

Committee members agreed that individuals would be eager to explore the shopping discount opportunities at www.allonehealtheap.com. Individuals should discover other areas of interest during that process and begin to investigate them.

Committee members wanted time to become familiar with the website prior to any promotion. Jen Chiarantona is available to demonstrate the EAP portal upon request. Bill Byron offered to create a flyer for the retirees and the 11 support staff categories highlighting how to get to the EAP portal. Linda Hastings will distribute the flyer to employees in a district-wide email. Jen Chiarantona will provide posters and 2015 calendar cards to help with the promotion.

3. Health Assessment Participation

a) <u>Rate for October</u>

Bill Byron reported that Merrimack School District's Health Assessment participation rate for October was 55.6% compared to 38% for the average HealthTrust membership.

Bill Byron reported 106 individuals have signed up for the biometric screening at Merrimack High School on January 8th.

b) Promotion Strategies for November

Promotion strategies to have 60% of eligible members complete the Personal Health Analysis (PHA) will consist of multiple short communication messages such yellow post it reminders from HealthTrust, conversations with new hires and frequent reminders to all staff.

Bill Byron reported the health coaching participation rate for October was 5.3%.

Debie Clayton reported that Compass SmartShopper will be known as SmartShopper in the future. Individuals will need to repeat their registration process as the program is changing from a pilot program for designated member groups to a program for all member groups.

4. Guaranteed Maximum Rate for 2015-2016

Debie Clayton reported the average Guaranteed Maximum Rate (GMR) for health insurance is an increase of 4.4% for 2015-2016. She explained the GMR varied depending on the type of insurance plan.

JY	16.7%
Blue Choice	3.7%
Matthew Thornton Blue	5.2%
MediComp with Rx	.7%
MediComp without Rx	.6%
Average	**4.4%**

Next Meeting:

The next meeting will be **December 10th.**

2014-2015 School Year Meeting Dates

Meeting Date	Refreshments
September 10, 2014	Sandy Swanson and Marge Chiafery
October 1, 2014	Carol Smith and Sandi Eherenman
November 5, 2014	Carolyn Belfiore and Kim Demaso
December 10, 2014	Karen Bonin and Shawn Croteau
January 14, 2015	Rachel Schneider and Nick Coler
February 4, 2015	Sue Robinson and Christine Soucy
March 11, 2015	Linda Hastings and Davis Powell
April 1, 2015	Marsha McGill and Teresa Porter Cascadden
May 6, 2015	
June 3, 2015	Debie Clayton and Bill Byron